

# 12 Days of Healthy Holiday Celebrations!

|   |   |  |   |
|---|---|--|---|
| <p><b>Tuesday December 12th</b></p> <p>Herbal Medicine Workshop<br/>6:00 PM – 7:00 PM<br/>\$25<br/>.....</p> <p>Launch of New Bath Salts<br/>7:30 PM – 9:30 PM</p>  | <p><b>Wednesday December 13th</b></p> <p>Harvest Project Fundraiser<br/>12:00 PM – 4:00 PM<br/>.....</p> <p>Fermentation Workshop<br/>6:00 pm – 7:30 pm</p> | <p><b>Thursday December 14th</b></p> <p>Decorating GF + Vegan<br/>gingerbread people<br/>ALL DAY<br/>\$5 per cookie</p>  | <p><b>Friday December 15th</b></p> <p>TruMarine @ Nutmeg Mylk<br/>Sampling<br/>12:00 PM – 4:00 PM</p>   |
| <p><b>Saturday December 16th</b></p> <p>Lemon and Lee Mamma //<br/>@adricreative<br/>Full Moon Calendars<br/>11:00am – 4:00 pm<br/>.....</p> <p>GIFT CARD PROMO WEEKEND<br/>Spend \$100 in store<br/>and get a \$10 gift card</p>                     | <p><b>Sunday December 17th</b></p> <p>GIFT CARD PROMO WEEKEND<br/>Spend \$100 in store<br/>and get a \$10 gift card</p>                                     | <p><b>Monday December 18th</b></p> <p>Londre Swimwear &amp;<br/>Christie Graham Photography<br/>Festive Photos<br/>12:00 PM – 4:00 PM</p>  | <p><b>Tuesday December 19th</b></p> <p>Nadine Nevitt Art<br/>10:00am – 2:00pm<br/>.....</p> <p>Lanniez Eyewear Accessories<br/>12:00 PM – 4:00 PM<br/>.....</p> <p>DIY Holistic Holiday Workshop<br/>6:00 pm – 8:00 pm<br/>\$25</p> |
| <p><b>Wednesday December 20th</b></p> <p>Looking for last minute gift?<br/>Book a two week subscription<br/>and #giftofhealth and purchase<br/>two deliveries of juice<br/>(6 bottles per delivery)<br/>for 20% off!<br/>Available in-store only!</p> | <p><b>Thursday December 21st</b></p> <p>Custom Intuitive Portraits<br/>12:00 PM – 4:00 PM<br/>30 Min Reading and<br/>Hand Painted Print<br/>\$30.00</p>     | <p><b>Friday December 22nd</b></p> <p>1L of fresh pressed Orange juice for \$14.00<br/>for Mimosas at brunch!</p> <p>1L of our Cranberry, Vanilla and Pear Cocktail Mix for<br/>\$14.00, perfect for an Aperitif!</p> <p>1L of Nut Meg Mylks Ritual Coffee Blend for \$14.00,<br/>mix in some Bailey's to make it a special treat!</p> | <p><b>Saturday December 23rd</b></p>  |

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| Monday December 18th  | Tuesday December 19th  | Wednesday December 20th  | Thursday December 21st  | Friday December 22nd & Saturday December 23rd   |   |
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Wednesday December 13th

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12:00 PM – 4:00 PM

Fermentation Workshop  
6:00 pm – 7:30 pm

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Thursday December 14th

Decorating GF + Vegan  
gingerbread people  
ALL DAY  
\$5 per cookie

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Friday December 15th

TruMarine @ Nutmeg Mylk  
Sampling  
12:00 PM – 4:00 PM

5

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Full Moon Calendars  
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Sunday December 17th

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Monday December 18th

Londre Swimwear &  
Christie Graham Photography  
Festive Photos  
12:00 PM – 4:00 PM

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Tuesday December 19th

Nadine Nevitt Art  
10:00am – 2:00pm

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Custom Intuitive Portraits  
12:00 PM – 4:00 PM  
30 Min Reading and  
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